

Privacy Policy

Last updated: March 18, 2025

This Privacy Policy describes our policies and procedures on the collection, use, and disclosure of your information when you use our Service, as well as your privacy rights and how the law protects you.

By using our Service, you agree to the collection and use of information in accordance with this Privacy Policy.

Interpretation and Definitions

Interpretation

The words with initial capital letters used in this Privacy Policy have the meanings defined below, and these definitions remain consistent whether they appear in the singular or plural.

Definitions

For the purposes of this Privacy Policy:

- **Account** means a unique account created for you to access our Service or parts of our Service.
- **Affiliate** means an entity that controls, is controlled by, or is under common control with a party.
- **Application** refers to Puffy, the software program provided by the Company.
- **Company** (referred to as “the Company”, “We”, “Us”, or “Our”) refers to Eggs & Oats LLC, located at 220 Beverly St SE Live Oak, FL 32064.
- **Country** refers to Florida, United States.
- **Device** means any device (computer, smartphone, tablet, etc.) that can access the Service.
- **Personal Data** is any information relating to an identified or identifiable individual.
- **Service** refers to the Application.
- **Service Provider** means any person or entity who processes data on behalf of the Company.
- **Third-party Social Media Service** refers to any social network or website through which a user can log in or create an account to use the Service.
- **Usage Data** refers to automatically-collected data regarding your use of the Service.
- **You** means the individual accessing or using the Service, or the entity on whose behalf such individual accesses or uses the Service.

Data Collection and Use

Personal Data

While using our Service, we may ask you to provide certain personally identifiable information that can be used to contact or identify you. This may include, but is not limited to:

- Email address
- First name and last name

- Profile details such as weight, height, and other health or workout-related metrics
- Information related to your workouts and training templates

Usage Data

Usage Data is collected automatically when you use the Service. This may include:

- Device information (IP address, browser type and version, operating system, unique device identifiers)
- Pages visited on the Service, time and duration of visits, and other diagnostic data

Information from Third-Party Social Media Services

If you choose to register or log in through a Third-party Social Media Service (such as Google, Facebook, Instagram, Twitter, or LinkedIn), we may collect personal data already associated with your account on those services, including your name, email address, profile picture, and contacts.

Information Collected while Using the Application

In addition to the data mentioned above, we may request access (with your permission) to:

- Pictures and other media from your Device's camera and photo library
- Other information needed to enhance or personalize your experience

Social Features & Public Information

Our Application is designed as a social workout platform. Publicly Shared Information includes:

- **Profile Information:** Certain information you provide (such as your name, weight, height, and profile picture) may be displayed publicly within the app for other users to view.
- **Workout and Template Data:** Information about your workouts, training templates, and associated exercises (including public movements) is accessible to other authenticated users. This promotes community engagement and allows users to share and learn from each other.

Important:

- Although your account details in the `/users` collection are secured (accessible only by you), the app intentionally displays selected profile information and user-generated content.
- By using the Service, you acknowledge that any information you choose to share publicly may be viewed by other users. If you prefer certain details to remain private, please do not include them in your public profile or shared workouts.

Data Deletion Procedures

You can request the deletion of your personal data at any time by logging into your account and navigating to your account settings or by contacting us directly at development@eggsandoats.com. Upon

receiving your request, we will delete your personal data within 30 days. Please note that certain publicly shared content (such as workout templates or exercises you shared publicly) may remain visible to other users unless explicitly requested for removal.

User Responsibility & User-Generated Content

You acknowledge that you are responsible for the content you share publicly within the Service. We strongly advise against sharing sensitive personal data (such as exact home addresses, financial information, or medical details) publicly. We are not responsible for unintended consequences resulting from your sharing of such content.

Security Measures

In addition to Firebase Firestore security rules, we protect your data by encrypting all data transmitted between your device and our servers using industry-standard SSL/TLS protocols. We regularly review and update our security practices to ensure your data is secured to the best of our ability.

Third-Party Service Providers

We may share your data with third-party service providers for purposes such as analytics, communication, and payment processing. Specifically, we may use:

- Firebase Analytics and Google Analytics for tracking and analyzing the usage of our Service.
- Firebase Authentication and Cloud Firestore for secure user account management and data storage.

These third-party service providers have access to your Personal Data only to perform these tasks on our behalf and are obligated not to disclose or use it for any other purpose.

International Data Transfer

Your information, including Personal Data, may be transferred to and maintained on computers located outside your state, province, country, or governmental jurisdiction. By using our Service, you consent to the transfer, storage, and processing of your personal data in the United States and other countries, where data protection laws may differ from those in your jurisdiction. We will ensure that appropriate safeguards are in place to protect your data.

California Consumer Privacy Act (CCPA) Rights

If you are a resident of California, you have specific rights regarding your personal information:

- **Right to Know:** You have the right to request details about the personal information we collect, how we use it, and how it is shared.

- **Right to Delete:** You may request deletion of your personal information. We will comply unless an exception applies.
- **Right to Opt-Out:** You have the right to opt-out of the sale of your personal information. We do not sell your personal information to third parties.
- **Right to Non-Discrimination:** We will not discriminate against you for exercising any of your CCPA rights.

To exercise any of these rights, please contact us at development@eggsandoats.com. We will respond to your request within 30 days.

Contact Us

If you have questions or concerns about this Privacy Policy, please contact us by email at development@eggsandoats.com.